

# 10 Cs of Food Safety - Section 12. Customisable Sheets

## ALLERGEN

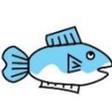
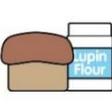
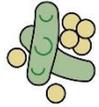
## CHART

DAY: MONDAY

DATE: 02/03/206

SITE NAME: Captain Jacks

✓ denotes a deliberate ingredient, MC denotes if the ingredient supplier has included a 'may contain' statement. Unfortunately, as food allergens are present in our kitchen, I am afraid that we cannot guarantee that any menu items will be completely free from a particular allergen

Dishes														
	Celery	Cereals containing gluten (SPECIFIC)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (SPECIFIC)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage Rolls	X	✓ (Wheat)	X	X	X	X	✓	X	X	X	X	X	✓	✓
Vegan Sausage Roll	X	✓ (Wheat)	X	X	X	X	X	X	X	MC	X	X	✓	X
Mexican Bean Roll	X	✓ (Wheat)	X	MC	X	X	MC	X	✓	X	X	X	X	X
Sri Lankan Pasty	X	✓ (Wheat)	X	X	X	X	MC	X	X	X	X	X	X	X

Created by: Harris Mitchell  
Signed:

Date: 02/03/26

Checked by: Steve Mumford Date: 02/03/26  
Signed: